

Weekend Retreat of Fresh Air & Old Skills

Welcome to Swedish Native Intelligence - a gentle weekend retreat near Sälen in Sweden. Experience something out of the ordinary. Learn back to basic skills, including Scandinavian farmhouse cookery, how to make traps to catch wild game, how to identify and cultivate native plants for survival, how to navigate the wilderness, how to create a fire without matches and how to cook the stone age way, without pots and pans.

Available on dates* during spring and autumn 2012 in beautiful mountain country, near the Norweigen border, 3 hours from Oslo.

Package includes two nights of accommodation and all meals at **Sälens** - the Swedish Tourist Association mountain station at Gräsheden, Sälen - a PAN Parks facility ... PLUS two days of fun and hands on activities led by wilderness survival team **Get Lost in the Wild.**

Package cost per adult **440 EURO** (4000 SEK)
Package cost per child (under 14 years)-**208 EURO** (1900 SEK)

Optional extras, email: info@salensvandrarhem.se

*Optional Extras - transportion to Sälen. By arrangement, international guests who are not driving themselves to the station at Sälens can be picked up directly from Oslo's Gardermoen Airport. Alternatively, they can be picked up closer to Sälens, from the bus terminal in the Norweigen ski town of Trysil.







Spring Autumn
April 6 - April 8 Sept 14 - Sept 16
April 20 - April 22 Oct 12 - Oct 14



*Gardermoen Airport Transfer Extra - min 2 passengers - Per Person One Way 105 EURO (960 SEK) or 210 EURO/1,920 SEK PP return.

* Trysil Transfer Extra - min 2 passengers - Per Person One Way 16 EURO (150 SEK) or 32 EURO/300 SEK PP return.







